



Vol. XXVIII, Issue 22

Ca Hikiruxe wira | Deer Mating Moon

November 28, 2014



Journey of Hope
Conference

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Powwow

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Ho-Chunk language immersion daycare plans proceeding in Baraboo

Ken Luchterhand
Staff Writer

The former Head Start building in Christmas Mountain, near Wisconsin Dells, is undergoing a transformation.

Walls are being painted, fences are being constructed, more walls being built, and the heating system improved.

Billed as “Ho-Chunk First Immersion Daycare,” plans are to make it a place for children ages 0 to 4 can stay during weekdays, and are taught only Ho-Chunk language.

It’s still in the planning stages, and it’s a partnership among many Ho-Chunk departments, including the Education and Language and Labor departments.

Toree Jones and Mary Thundercloud have been a big part of the drive to establish the daycare. They met at the facility with Area II Rep. Andrea Estebo, Joanne Jones, Kelly Jo Funmaker, Felicia Helgeson, Lori Funmaker and Adrienne Thunder on Friday, November 14, to show the building and to discuss the plans.

“A lot of people believe in this,” Jones said. “They’re willing to help in any way they can.”

Jones refers to an effort made at Whirling Thunder in Tomah, when a similar program was used.

The premise is that young children will learn the Ho-Chunk language as a primary language and eventually learn English as a secondary language. In this way, the children will become fluent Ho-Chunk speakers and help to preserve the language and the culture.

“It was successful,” she said of the program. “We’re working to save language because, once our language is gone, the culture is gone.”

The concept also was approved at the District 2 Area meetings.

“It’s finally coming to fruition here,” she said.

Jones sees it as the first phase in a possible plan to continue with teaching youth the Ho-Chunk language.

“After this daycare is working, then we’ll work on elementary school,” she said. “We would like to have our own tribal schools.”

One of the proposed aspects of the immersion daycare is for parents to enter into an agreement with the program. The agreement would require parents to attend a certain amount of language training and that they needed to speak Hocak in the home to reinforce what they learned during the day.



Discussing plans for an immersion daycare on November 15 are (from left) Toree Jones, Mary Thundercloud, Kelly Jo Funmaker, Felicia Helgeson, Andrea Estebo, Lori Funmaker and Joanne Jones.

If the parents attend language classes on a faithful basis, part of the tuition costs will be waived, Jones said.

“As long as they’re taking classes, it will wipe out some of the fees,” she said. “We’re looking to garner support. Once we get moving and have the place ready, then we’ll have an open house.”

One of the things they have to work on is getting the heating system up to

code. The present heating uses baseboard radiant heat, which is too accessible for children who crawl on the floor.

Also, plans are to relocate bathroom walls to allow the washer and dryer to be situated in a hallway between the bathrooms. The bathrooms are way too big for their use and has a lot of wasted space, she said.

They have a lot of equipment for the children, but have many needs for the kitchen, such as pots, pans and dishes.

A room on the west end of the building is planned to be used as a sleeping room for infants, but another wall on the same end is planned to be built for an office.

“We can handle a dozen children to start with and only a certain percentage can be infants,” she said. “It depends on how much staff we have.”

They plan to have two lead teachers, one of which is from the Language Department. They also will have several language apprentices working at the facility from time to time.

“We plan to have four

part-time assistants, who could be from an offshoot of the Language Department,” she said.

At this point, she knows they will need two staff members, a cook and an administrator, to complete the staff.

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Want something special placed in the Hocak Worak? Limited space is available so send your request in early. Submissions will be handled on a first come first serve basis.



The former Head Start building is being transformed into the Ho-Chunk First Immersion Daycare.

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Head Start gives a “Shout Out” to the Ho-Chunk Health Department

We simply cannot find the words to express our gratitude to the Ho-Chunk Health Department for the vast array of services that they offer to the Head Start children, families, staff, and the program overall. The folks that make up this Department are truly the kindest and most caring individuals you could ever dream of meeting. Because it would be inappropriate to take up all of the pages in the newspaper, which could easily be done by all of the kind gestures, I will have to keep my comments to a minimum...but absolutely need to make known some of the wonderful things that are happening.

Before the school year even gets started, the Health Department is hard at work training the Head Start staff.

As our kiddos arrive for the

year, they receive a visit from the Community Health Nurses who screen all of the children for vision and hearing, measure how “big” they are, and make sure that their blood pressure is healthy.

As the children enjoy wonderfully healthy homemade meals, they have no idea that behind the scenes the Nutritionist and Dietician have played a key role in making sure that the menu was properly balanced for ultimate child growth and development, and with prevention in mind. These fine folks also appear at the centers on a regular basis, with wonderful news and information about healthy living and eating, and sharing samples of how yummy these healthy snacks are.

The “tooth fairies” from

Dental Health magically appear 3 times every year to check and polish all of the little teeth. They mostly have good news to share, but once in a while a little cavity sneaks up that needs some attention. They help us make sure that it gets the attention it needs so that it doesn’t grow to be a big and angry “ouchie”.

The children are always excited at the sight of our very own “exercise lady” as she appears on site to do a bit of yoga with the children.

The Department of Environmental Health, shortly after the year begins, gathers the families together and provides them with appropriate car seats for the age and size of their child, makes sure they are properly installed, and that information is provided

about the benefits of always using the seat. The kiddos will get a visit from “Buckle Bear”...and who doesn’t love him!!!!???. Our centers are inspected for safety, safe food handling, sanitation, clean safe water...all so that the children have a wonderful place to go each day.

OH my goodness...!!!!!! Have you heard about the Ho-Chunk Nation Department of Health Pediatric Mobile Health Clinic????!!!!!! This Clinic travels to outlying areas, making medical care available to those children that might otherwise go without!!!!!! We can now provide access to medical care right at school...and not only that...it has recently been made possible that parents who work for the Nation can take a “time out” to accompany their

child to these very important appointments!!!!!! The “nice lady” who sees the children has managed to make going to the Doctor...feel exactly like going on a field trip!!!!!!

A GREAT BIG THANK YOU from the children, families and staff of the Head Start Program, for all of these services, and for all of the others too numerous to mention!!!! WHAT WOULD WE DO WITHOUT YOU!!!!??????????

Our Mission~~created by parents, staff and community members

~~~The Ho-Chunk Head Start Program embraces each families individuality, and nurtures each child to grow intellectually, physically, socially, emotionally, culturally, and spiritually~~~

## Thank you to Ho-Chunk Nation Tribal members and co-workers

Having had the honor of working for the Nation’s IT department for 7 years. I had more than a job, I became a part of a family. The love and support expressed to each family member is truly of the heart.

Recently diagnosed with my terminal illness, I became so overwhelmed by all the support given me and my family. We are so very grateful to each and every one of you for your donations of hours, gifts, financial help, prayers and spiritual support!

I cannot find the words that would express how much you all have eased the pain on my family at this time of our need.

All our love,

Thank you,  
Kat Serio (Kitty Waumpas) and family

## Language immersion

Continued from Page 1

According to statistics obtained from enrollment, there are 27 enrolled children ages 0 to 4 in the Wisconsin Dells-Baraboo-Reedsburg area who are candidates to attend the daycare. There could be more, but that number only pertains to enrolled children, which are the only statistics obtained.

Fees are tentatively set at \$5,000 for a child, of which the Ho-Chunk Nation will pay half and parents to pay the other half with a reduction for attending language lessons.

The Ho-Chunk Legislature passed the concept of opening the immersion daycare at its monthly meeting November 18 in Black River Falls.

It passed with a few people from the Madison area supporting the effort, but questioning the planning and funding for the daycare. They said there was no plan presented and no one knows where the money will come from.

Ho-Chunk President Jon Greendeer, at the meeting, reminded everyone that what was passed was agreement for the concept and no dollar figures or sources of funding are attached. Those issues will need to be approached at a future date as the information becomes available.

“The very heart of Ho-Chunk culture is in the language. The children will save us,” said former Ho-Chunk President Joanne Jones. “People are going and helping out to make this a reality and they are paying for the items themselves because they believe in it.”

“We did see a plan, although there was no document where is said ‘let it be resolved.’ The resolution supports the concept, but allocates no funds. There’s no commitment of funds unless we see plans,” Greendeer said.

December

Elders Birthdays

1. Gilman Lincoln Jr.

2. Carol Calkins

3. Leslie Pettibone

4. Timothy Thompson

5. Cecelia Dobbs

6. Eliot Littlejohn

7. Dale WhiteEagle

8. Sharon Thompson

9. Patrick Red Eagle

10. Wanda Rose

11. Andrew Delarosa

12. Rose Marie Funmaker

13. Debra Baublitt

14. Jess Whitewater

15. Sandra Radtke

16. Margaret Showers

17. Shirley Reed

18. Maribeth Jones

19. Sarah Lyons

20. Linda Revels

21. Patricia Logan

22. Nina Garvin

23. Rosemary Thundercloud

24. Kathlyn Hodge

25. Russell Poulton

26. Joycelyn Buchanan

27. Eileen Blackdeer

28. Chloris Lowe Sr.

29. Virzena Kofol

30. Edward Lonetree Jr.

31. Byron Steele

32. Steven Kearnes

13. Lorenzo Funmaker

14. Rosemarie Davison

15. Movita Rodriguez

16. Audrey Littlewolf

17. Amelia Ortiz

18. Angelina Waege

19. Melford Rockman

20. Gloria Visintin

21. Jean Climer

22. Charles Smith

23. John Denny

24. Errol Mrotek

25. Gregory Lonetree

26. Ollie Heth

27. Lawrence La Mere

28. Levi Blackdeer

29. Waldo Stacy

30. Carol Laustrup

31. Ralph Decorah

32. Christina La Mere

33. Mary Myers

34. Ronald Anwash

35. James Hellerud

36. Meredith Decorah

37. Mary Taylor

38. Keith Dick

39. Joy LightStorming

40. Sharyn Buchanan

41. Audrey Beverly Conner

42. Emma Weise

43. Frank Dikeman

44. Willa Redcloud

45. Anita Whiteeagle

46. Winneshiek





# Weight Watchers hope to gain new members for the holidays

Kathleen Roberts  
Staff Writer

Weight Watchers held an open house at the Ho-Chunk Nation Health Care Center, on November 18, hoping to gain more members before the holiday season.

“In order for us to continue to meet here, we need at least 12 people to sign up for a six week extension,” said Blanche Thoreson, the Weight Watchers Leader.

“We hope to continue with a longer program series that will run 12 to 14 weeks. The meetings are regularly held on Tuesdays at 12:30 PM in the clinic’s conference classroom.”

Thoreson has been a member of Weight Watchers since her weight loss of over 30 pounds in 1993. “I get inspiration from the members,” she said.

“That is the uniqueness of the program. Members get support from other members and from trained staff who have all been successful weight loss participants. This program is about sharing and offering support rather than selling weight loss supplies or products.”

An initial, private weigh-in is required when a participant first joins the group. Members continue to weigh-in at weekly meetings to follow

and document the progress of their weight management. She said the Weight Watchers program policy enforces privacy and confidentiality for all their members.

“The Weight Watchers mission statement is: ‘To change people’s relationship with food for good’ and the food plan that helps control, manage and maintain weight loss is based on a point system,” she said. “One of the main goals of this program is to help members feel good about themselves because they’re in control.”

“The meetings are key components for success in the program, such as the At Work Meeting Series for the Ho-Chunk Nation. The series offers lots of inspiration, motivation and is a good support system as members share their journey to healthier eating habits.”

She said members not only receive support by attending meetings, they may also use technology support that is available such as: online programs and special applications..

“This is a great time to start the Weight Watchers program. Many times there is a struggle to keep from gaining extra weight during the holiday season,” said Thoreson.

“Anyone can join the group,



**Blanche Thoreson, Leader of Weight Watchers, encourages Ho-Chunk tribal members and employees to join the program during the holiday season.**



**A current member of Weight Watchers, organizes a few snack items displayed at the open house held on November 18.**

as it has an open membership policy.”

For more information, contact Kathy Braaten, RDN, CD, CDE, CLS Ho-Chunk Nation Nutritionist (715) 284-9851 extension 5335 or [kathy.braaten@ho-chunk.com](mailto:kathy.braaten@ho-chunk.com).

# Institute for Wisconsin’s Health to lead health impact assessment of industrial sand mining in Western Wisconsin

Submitted by Dustin P. Young, Institute for Wisconsin’s Health, Inc.

As industrial sand mining continues its rapid growth in western Wisconsin, communities face many questions about the potential health risks and benefits of mining operations. Over the next 18 months, the Institute for Wisconsin’s Health will work with 14 health departments, the Ho-Chunk Nation, and the University of Iowa’s Environmental Health Research Center, to gather and analyze information on the potential public health impacts of industrial sand mining in the region.

A health impact assessment (HIA) is unbiased, and factors in health data and the perspectives of people and organizations that may have very different opinions. This assessment will take into account a wide range of potential risks and benefits to the health of

communities in western Wisconsin. It will combine health expertise, scientific data, and input from businesses, community members and other organizations in order to examine issues, which may include air and water quality, jobs, transportation, and other factors prioritized by community stakeholders. The assessment process will culminate in a final report, which will provide practical recommendations communities can use to maximize potential health benefits and minimize potential health risks.

“Industrial sand mining is an issue that is important to leaders and community members in Western Wisconsin. This health impact assessment will allow us to examine the potential health impacts of industrial sand mining and help inform future decisions about this complex issue,” said Nancy Young, Executive Director of the Institute for Wisconsin’s Health. “Health

impact assessments examine social, economic and environmental factors, because all of these factors impact the health of populations. We are honored to have an opportunity to work together with these communities to learn more.”

Participating health departments include Barron, Buffalo, Chippewa, Clark, Dunn, Eau Claire, Ho-Chunk Nation, Jackson, LaCrosse, Monroe, Pepin, Pierce, St. Croix, Rusk, and Trempealeau Counties.

This assessment is made possible by a grant from the Health Impact Project, a collaboration of the Robert Wood

Johnson Foundation and The Pew Charitable Trusts - dedicated to promoting the use of health impact assessments in the United States. More information and a searchable map of HIA activity in the United States are available at [www.healthimpactproject.org](http://www.healthimpactproject.org).

The Institute for Wisconsin’s Health, Inc. is an independent, non-partisan public health institute whose mission is to strengthen Wisconsin’s public health system through capacity building and innovation. More information on the Institute can be found at [www.instituteforwihealth.org](http://www.instituteforwihealth.org).

As the project proceeds, updates will be available on the Institute website.

The opinions expressed are those of the author(s) and do not necessarily reflect the views of the Health Impact Project, Robert Wood Johnson Foundation or The Pew Charitable Trusts.

For more information, please contact:  
Ho-Chunk Nation Department of Environmental Health  
715-284-9851  
Attn: Carol Rollins X5062  
Attn: Kevin Gunderson X5060

**Attention: The Next Deadline of the Hocak Worak will be Dec. 5th which will be published on Dec. 12. Please contact Enrollment at ext. 1015 if you have a change of address or would like to be placed on the mailing list.**

The Hocak Worak is a periodical published twice monthly by the Ho-Chunk Nation. Editorials and articles appearing in the Hocak Worak are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Hocak Worak staff or the Ho-Chunk Nation.

The Hocak Worak encourages the submission of letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The Hocak Worak reserves the right to reject any advertising, material, or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the Hocak Worak. The Hocak Worak will not assume any responsibility for unsolicited material.

Submissions deadlines for the Hocak Worak are by 4:30 PM. We cannot guarantee the publication of submissions meeting these deadlines if the space is not available. No part of this publication may be produced without express written consent from the Editor.

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# Tasty cranberries are featured as Harvest of the Month

Kathleen Roberts  
Staff Writer  
Heather Jerzak, Ho-Chunk Nation (HCN) Nutritionist, caught the attention of

employees passing by, with bright red cranberry sauces and spreads. Cranberries were the featured Harvest of the Month on display, November

19 in the Tribal Office Building atrium.  
She would quickly put together a tasty treat for each person who stopped by the display table. The more samples that were given out, the more popular the display table became.  
“I purchased small deli breads, thin sliced turkey breast and I used the cranberry sauce and spread recipes to make the tasty samples,” said Jerzak.

When she was asked if she made this herself, she laughed and said she uses several recipes, mix and match and then she hopes it will turn out.  
Two recipes were offered, a low sugar cranberry sauce and a zesty cranberry spread.  
Jerzak’s samples were simple; a slice of deli bread, with a dollop of the cranberry sauce or zesty spread and it was topped off with a thin slice of turkey breast.  
“This would be a great appetizer for the holidays,” said Heather Rebedew, HCN Planning and Development.  
“It is really good, the tartness adds zest to the appetizer,” said Angela Ward, HCN Department of Labor.  
“I thought the sample tasted



Sage Funmaker and Pine Giroux taste test cranberry appetizers at the Harvest of the Month display by Heather Jerzak, Ho-Chunk Nutritionist.



Nutritionist Heather Jerzak, talks with Ho-Chunk Nation employees, as they stop by the Harvest of the Month display in the Tribal Office Building atrium.

good, maybe a little sweet for my liking. I don’t use cranberries very often. If I found a recipe that called for them, then I would use them.”  
Angela was in luck because the recipes for the cranberry sauce and spread was available at the display table.  
Several other taste testers said they would be using the recipes now that they have had a sampling.  
“I purchased 48 bags of cranberries for this exhibit,” said Jerzak. “After signing in

on the display statistics sheet, participants received a free 12 ounce bag of fresh cranberries.”  
The funding for the Harvest of the Month comes from USDA’s Supplemental Nutrition Assistance Program (SNAP.) SNAP education events are also offered at other locations such as: Head Start and Youth Centers, TAU and Food Distribution locations.

## The Ho Chunk Nation works with Wisconsin WIC to offer WIC clinics in three locations, contact the following to see if you qualify for WIC and for WIC clinic dates:

House of Wellness in Baraboo – contact Renee Bradford 608-355-1240 ext. 5548  
Ho Chunk Health Care Center in Black River Falls – contact Linda Delay 715-284-9851 ext. 5329  
Nekoosa Health office in Nekoosa – contact Linda Goodwin 715-886-5444

### HOW THE WIC PROGRAM Supports Breastfeeding

WIC provides nutrition and breastfeeding education, nutritious foods, and improved healthcare access for nearly 9 million at-risk low-income women, infants, and children.

#### WHY IT'S IMPORTANT TO SUPPORT BREASTFEEDING

##### BREASTFEEDING BENEFITS:



##### Mothers

**REDUCES RISK OF:**  
Breast cancer  
Ovarian cancer  
Type 2 diabetes  
Postpartum depression



##### Babies

**REDUCES RISK OF:**  
Obesity  
Lower respiratory infections  
Type 2 diabetes  
Asthma  
SIDS (sudden infant death syndrome)



##### Society

If **90%** of women breastfed exclusively for 6 months, it could result in nearly:



**\$13 Billion** saved in the U.S. each year.



**1,000** infant deaths prevented each year.

#### CURRENTLY:

**76.5%**  
of U.S. mothers initiated breastfeeding in 2010



**49.0%**  
of U.S. mothers still breastfed at 6 months



#### HOW THE WIC PROGRAM HELPS

WIC promotes breastfeeding as the optimal infant feeding choice.

##### THE WIC PROGRAM PROVIDES

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Lactation Consultants



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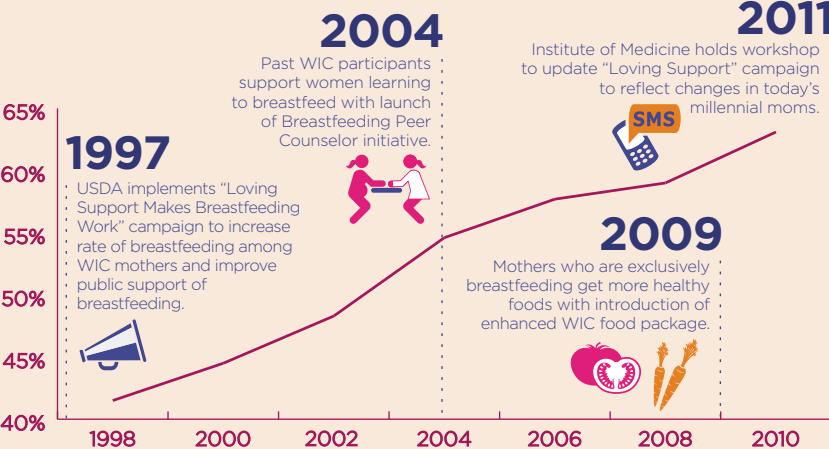
Educational Materials



Hotlines for Questions



#### BREASTFEEDING INITIATIVES



##### % WIC INFANTS BREASTFED\*

\*Percentage of infants in WIC aged 6-13 months who were currently breastfeeding or breastfed at some time, 1998-2010.

#### SUPPORT WIC AT NWICA.ORG

##### SOURCES

<http://www.womenshealth.gov/breastfeeding/why-breastfeeding-is-important>  
<http://pediatrics.aappublications.org/content/early/2010/04/05/peds.2009-1616>  
<http://www.cdc.gov/breastfeeding/pdf/2013BreastfeedingReportCard.pdf>  
<http://www.fns.usda.gov/wic/Breastfeeding/mainpage.HTM>  
<http://www.fns.usda.gov/ora/MENU/Published/WIC/FILES/WICPC2010.pdf>  
<http://www.ion.edu/Reports/2011/Updating-the-USDA-National-Breastfeeding-Campaign-Workshop-Summary.aspx>  
<http://www.fns.usda.gov/ora/MENU/Published/WIC/FILES/WICPeerCounseling.pdf>



National WIC Association



# Journey of Hope Conference to Beat Diabetes offers awareness and support

**Kathleen Roberts**  
Staff Writer

The Ninth Annual Journey of Hope Conference held at Warren's Three Bears Lodge, November 13 and 14, offered information and support for the prevention of diabetes and to improve the quality of life for those who live with the disease.

The conference was sponsored by the Special Diabetes Program for Indians Grant, the Indian Health Service Funds and the Ho-Chunk Nation (HCN.)

Physical activities were scheduled daily to encourage fitness, weight management and overall health. The activities were offered early in the day prior to the workshops: morning walks led by Chris Fredrick, HCN Exercise Physiologist; chair aerobics conducted by Kathleen Clemmons, HCN Exercise Physiologist and Certified Diabetes Educator; and chair yoga was offered by Jessica Artz, HCN Exercise Physiologist.

Conference attendees gathered in the main banquet room at 8:30 AM where a healthy breakfast buffet was available before the main meeting and speakers.

Master of Ceremonies, Elliot Garvin, started the program by welcoming the participants and presenters to the conference. He told his story of health problems and how he coped and overcame these issues.

Robert Mann was the next speaker. After he offered a prayer, he asked for a moment of silence. As he spoke of his journey through various health complications, he gave insight on how he managed his health.

"Diabetes is something you can live with. Exercise and eat properly," said Mann. When he ended his talk, he was awarded a Pendleton blanket.

Next on the line-up of speakers was Ho-Chunk Nation President, Jon Greendeer. He was not only part of the Charging Bull drum group, which gave the Welcome Song and a variety of songs for the event, but he also spoke about his experience having a family member with diabetes.

"What we ask from the Creator is important but it is not just his job. We have a responsibility to keep our lives healthy," said Greendeer.

He stitched humor into the moments of serious information, as he gave his recollection of growing up with his grandmother, Bertha Blackdeer.

He told how he and the other children in his family would fight over who would get to fill her syringes with insulin and give her shots for diabetes.

"As kids we were products of our environment. This was part of our life. We grew up with diabetes. We accepted that diabetes was affecting our families and tribe," he said.

"If you are Ho-Chunk the possibility is high that you

could get the disease. We shall end diabetes completely among our people. That is why we are here, to keep hope alive and to keep the journey alive."

HCN Executive Director of Health, Ona Garvin continued the topic of family members living with diabetes. She began her heartfelt talk by expressing the need for tribal members to become more aware and proactive for their health.

Ona's aunt had what used to be called "sweet blood." Ona recalled how she required special foods. She thought it odd that her aunt had to follow the doctor's orders. "Cuuwi always carried a bag with certain foods," she said.

"With discipline about her diet and medication she lived until she was 97 years old."

In appreciation of the story she shared, Ona was given a large fruit basket at the conclusion of her presentation.

Chris Fredrick added to the plea for healthier lifestyle choices and to encourage tribal members to become more active to maintain their health. He gave an overview of the "Let's Move" steps program that will be starting up again.

"The program is offered to increase physical activity, to get people up and moving – walking," said Fredrick.



**HCN Registered Nurse Allie Isaacson and Shawn Meyer HCN Community Health Nurse, talk with Community Health Representative, Betty Blackdeer during the Journey of Hope Conference held at Three Bears Lodge in Warrens.**

He asked that participants strive for as many steps as possible and he gave statistics from the last "Let's Move" program surveys.

"The percentage of people who felt better as a result of the program was 67%; participants who had more energy 50 %; statistics showed that about 45% showed weight

*Continued on Page 11*



**Ariana Youngthunder, Fawn Smith, Kim Mrotek and Christine Brown get ready to taste the healthy smoothies they blended at the Journey of Hope Conference.**



**The panel discussion provided insight and hope as they shared their personal stories and successes. The panelist are Henning Garvin, Becky Shawley, and Fawn Smith. Elliot Garvin is standing.**



**Working at the registration table for the Journey of Hope are Community Health Nurses, Siga Funmaker-Wittenberg, Betty Blackdeer-Black River Falls, Linda Goodwin-Nekoosa, Diane Cayer-Tomah, and Terri BlueBird-La Crosse.**



**Kathleen Clemmons and Chris Fredrick distribute a pound of frozen buffalo meat to each conference participant as they leave the event.**



**Charging Bull provided songs for the Journey of Hope Conference held on November 13 and 14 at the Three Bears Lodge in Warrens.**



# Fort McCoy hosts Veterans Traditional Powwow

Ken Luchterhand  
Staff Writer

A Veterans Traditional Powwow at Fort McCoy recently gave people the opportunity to honor active duty Native Americans and Native American Veterans.

The event was held on Saturday, November 15.

Communication among Monroe County Veterans Service Officer Margaret Garvin, Chief Winneshiek and, Master Sgt. Matthew Fitzgibbons and Col. Steven Nott made the event happen.

“The bottom line is that it was awesome,” Nott said. “Forward Operating Base Freedom was the perfect venue.”

The facility is a dining hall for soldiers during training exercises in warmer months, he said.

It was suggested that the powwow will become an annual event at Fort McCoy.





# Chief Winneshiek speaks at National American Indian Heritage ceremony

Ken Luchterhand  
Staff Writer

To honor National American Indian Heritage month in November, officials at Fort McCoy hosted a luncheon and honorary ceremony at McCoys Club, a restaurant on the military base.

The packed-house gathering honored the legacy and tradition of the Ho-Chunk people.

“Every year we observe National American Indian Heritage Month and it was appropriate to honor the Ho-Chunk Nation because the land Fort McCoy sits on was part of Ho-Chunk territory,” he said.

In attendance were students from the Challenge Academy and from the diversity class, a group of freshmen and sophomores, from Tomah High

School.

Chief Clayton Winneshiek gave the keynote address, speaking about the history of the Ho-Chunk people, including the struggles they endured.

“Five times the U.S. government removed us from our homeland,” Winneshiek said. “They shipped our ancestors out West on railcars.”

Some people jumped off the train and headed back home, some hid in Canada, he said. Then, in the late 1890s to early 1900s, the Ho-Chunk people were given homestead lands.

“I think about what our forefathers had to endure for us to remain here,” Winneshiek said.

About a year ago, Win-

neshiek traveled to Washington, D.C., to be part of the ceremony to honor the Ho-Chunk Code Talkers.

“There were 33 tribes involved in the Code Talkers. My father was one,” he said. “If those 33 tribes didn’t help out, would we be here today?” Many of the Ho-Chunk soldiers who fought in World War II weren’t even considered citizens at the time.

“Ho-Chunk people come from a long line of warriors – to the beginning of time,” Winneshiek said. “Our people have endured a lot. But we are still here. We are strong. We are survivors. A lot of our people are in the military and we say a lot of prayers for them.”

The Ho-Chunk Nation became a federally-recognized tribe in 1962 and housing was a big issue for the people.

“The government helped with housing/ I grew up in one of those houses – a two room house without running water or electricity. Twelve people lived in that house,” he said. “We moved to Black River Falls in 1965, then we had a house with electricity and water.”

In the late 1980s, educated people stepped forward to seek sovereignty for the Nation, he said. The Constitution was rewritten in the late 1980s, when gaming started.



**Chief Clayton Winneshiek speaks to the audience concerning the endurance of the Ho-Chunk people at McCoys Club in honor of American Indian Heritage Month.**

“Ho-Chunk bingo was born,” he said. “And a smoke shops and casinos.”

Of the 11 tribes in Wisconsin, the Ho-Chunk Nation is the only tribe not to own a reservation, he said, but it does have the status of a reservation.

Because of the State Gaming Compact, much of the money earned at the casinos goes to the state.

“If the casinos earn \$200 million, the state gets \$120 million of that,” he said. “But that’s who we are. We’re here to give, not to receive.”

Winneshiek recalled his younger days and what led up to him becoming chief.

“I went through school in

the Black River Falls District. I put up with a lot – name calling and teasing. I didn’t want to go to school,” he said. “When my older brother was killed in an accident, he let me stay home some days.

“I told Dad about the fights at school – something that happened that day,” Winneshiek said. “He told me that you have to love each and every one of them.”

So when he graduated from school, Winneshiek immediately joined the military.

“Whatever their nationality – we were one,” he said. “Whatever our forefathers went through, we were willing to fight because tomorrow might be a better day.”



**Chief Clayton Winneshiek was presented with a certificate of appreciation by Col. Stevn Nott of Fort McCoy.**

# Ho-Chunk and Ethnic Studies course paves way for cultural understanding

Ken Luchterhand  
Staff Writer

A new course, “Ho-Chunk and Ethnic Studies,” will help students to understand the different cultures that make up our communities.

The course is now offered at Black River Falls High School and it is unique in that it focuses on Ho-chunk history and culture while also allowing all students to focus specifically on their ethnic heritage.

It is one of only two such classes being offered in the state right now that are affiliated with the First Nations Studies Program at UW-Green Bay.

The Black River Falls Board of Education unanimously approved the curriculum in March and the first offering was in the 2014-15 fall semester. The effort is to comply with the mandates of Act 31, the Wisconsin law passed in 1989 that requires public schools to offer instruction on American Indian history and sovereignty, and sound instruction on issues surrounding diversity.

“It’s something we have been working towards for a while,” said Paul Rykken, history instructor at BRF High School.

The other similar program in the state is in Prescott and

it has lessons on the Ojibwa, but that school doesn’t have the Native American student population that Black River Falls does, Rykken said.

“Our district has been aggressive about Act 31 and the integration of Native American studies within the history program, as well as our other Social Studies classes,” he said. “However, to integrate this course into the curriculum is unique. It’s a new adventure for our school – something we have wanted to do for a long time. It took all the stars to align to get this accomplished.”

The course has already been going for about 11 weeks and it is a one semester course. Out of 25 students enrolled in the course, 22 are Native American.

To pull the course together has been a cooperative effort, with several people doing their part to make it happen, including Bill Quackenbush of Ho-Chunk Cultural Resources and Adrienne Thunder of Ho-Chunk Education Department. Several other people have been involved and many have been, and will be, guest speakers.

“It wouldn’t be possible without Ho-Chunk people being involved. It’s been a great thing and we’ve grown together,” Rykken said.



**History instructor Paul Rykken takes teaching the Ho-Chunk history and culture very seriously and has helped to develop the “Ho-Chunk and Ethnic Studies” course.**

“We will make mistakes, but we try to use accurate information and up to date scholarship,” he said. “We try to stay away from certain areas, such as religion, which is probably better explored in a different venue.”

Rykken hopes to eventually have a broad audience.

“In our school, we have a mixed population,” he said. “We have native students who are not Ho-chunk, for example. Among others, right now I have Choctaw and Ojibwa students, along with a growing number of Hispanic, African-American, and mixed race students.

“The whole idea is to

connect students with their origins -- some are well connected, and some are not. Often I will talk with them individually and bring in some cultural awareness,” he said. “Wisconsin has a rich ethnic heritage, and Jackson County certainly reflects that.”

Rykken takes the course seriously because of the strong emotional connection his family has had with the culture.

“I’m passionate about Native American history, and have been throughout my entire 36-year career,” Rykken said. “My grandfather was a teacher at Bethany Indian Mission School in Wittenberg from 1920-1930 and my father was born at Bethany. I was raised with a special awareness of this history. I still have much to learn, but it remains fascinating to me – we are in some exciting times on this right now.”

The goal is to broaden the reach of cultural instruction and understanding.

“I’m developing a web-site that integrates with the course and ultimately would like to be able to offer the course on-line, reaching out to other schools,” Rykken said.

Rykken has been working with Aaron Birdbear at University of Wisconsin – Madison, who is working with pre-service teachers regarding

Act 31 and Native American Studies. He also works closely with Lisa Poupart and JP Leary at UW-Green Bay.

“I have received a great deal of help throughout the process and I’m very thankful to many people,” he said.

“It’s a good time to achieve this goal and to make it solid in the curriculum,” Rykken said. “I hope to develop a solid class that many students, both native and non-native, will want to take as part of their history education. I hope to never see it go away.”

In addition to the new offering, the high school History and Social Studies Department recently added Eli Youngthunder to the group.

“Eli has been an excellent addition to our core,” according to Social Studies Department Chair Tony Boerger.

“Working with the Ho-chunk Nation, the (BRF) District has taken important steps to incorporate more Native American awareness and understanding,” Rykken said. One of the challenges in public education right now is getting Native American teachers into the schools. We need more cultural awareness in primary and secondary education and we’re working hard to achieve that.”



# Steindorf named new director of Youth Services

**Kathleen Roberts**  
Staff Writer

Francis Steindorf is the new Director of Ho-Chunk Nation's Youth Services Division.

"I started this job on September 29 and this is the perfect position for me. I am glad to be back in Wisconsin," said Steindorf.

"I appreciate the primary staff of this division and will work with them by offering training and staff development."

Steindorf already has ideas as to how to enrich and improve the Youth Services program.

"It would be beneficial for several staff members from each Youth and Learning Center to have training in grant writing. The additional funding from grants would enable more growth in Youth Services and would enhance the program," he said.

"It is important to col-

laborate with the other departments within the nation. We should work together to build unity. We should welcome feedback from schools, parents and tribal leaders as to how we may better serve our youth."

Steindorf is no stranger when it comes to knowing the education system from both sides. As a student he has received a Bachelor of Arts in English from Viterbo University and he earned a Master's degree in counseling from the University of Wisconsin-Madison.

As an employee at various colleges and universities he has worked as a counselor, recruiter and as an associate professor.

He was an associate dean at Grossmont College located in El Cajon, CA in 2007. Prior to that position in 2005, Steindorf was the Extended Opportunity Program and Services (EOPS) Director at

Evergreen Valley College in San Jose, CA. He held the same position as EOPS Director at Merced College in California since 2002. (EOPS is a program to assist low income, disadvantaged students to further their education.) And he had been an adjunct faculty member teaching multicultural issues.

Steindorf also held a supervisory position in Pre-K through post-secondary educational programs for the Shakopee Mdewakanton Sioux Community.

In his spare time he plays his guitar, sings and writes music and lyrics.

"Music is one of my most valued interests and almost became my career. I started playing the guitar when I was in high school. I enjoyed playing gospel and rock music," he said.

"I wrote songs about tribal history, culture, tribal issues, sovereignty and treaties. And

I wrote a book titled Native Realities, which has been sold all over the world."

Steindorf travelled throughout the United States presenting his songs about Native culture. He would sing one of his songs and talk about Native history and issues. He made these presentations at elementary schools mostly in Wisconsin and Minnesota.

When he thought about making his musical talents into a career he realized how hard life as a musician would be.

"I couldn't see myself constantly traveling, sleeping in hotels and living on the road all the time," he said.

"I like where I am, back in Wisconsin and working for the Ho-Chunk youth."

"When it comes to preparing tribal youth to become well-rounded adults, I see the parents having a major role. I also see community members and tribal leaders as having an



**Francis Steindorf has settled into his new office as the Director of Ho-Chunk Nation's Youth Services Division.**

important role. I see the Youth Centers having an important role as well. Youth Services bridge parents and families with the school district staff, to provide academic assistance, advocacy, cultural and life skills training for our Ho-Chunk youth," said Steindorf.

"The bottom line is to benefit the youth. To improve and help provide academic support such as tutoring, cultural training, preventions, and life skills. We want our youth to become future tribal leaders."

# Artz gains satisfaction by seeing others become healthy

**Ken Luchterhand**  
Staff Writer

Jessica Artz is the kind of person who receives satisfaction from doing for others.

"I love helping people, teaching and training, and seeing people progress – making lifestyle changes." "Seeing other people succeed drives me to continue to do what I love," Artz said.

Artz is a recent addition to the Ho-Chunk Nation staff of exercise physiologists at the Health Department. She will be conducting classes and helping people with the individual fitness plans in the Wittenberg and Nekoosa areas.



**Jessica Artz is the new exercise physiologist for the Wittenberg and Nekoosa areas.**

She's a 2004 graduate of University of Wisconsin – Stevens Point with a degree in Health Promotion and Wellness with an emphasis in nutrition. Since graduation, she has been employed in many leadership roles in the com-

munity.

"I have spent the last 10 years as the Community Health and Wellness director at the South Wood County YMCA, and was the Wisconsin Rapids YMCA branch director for the last five years," she said. "Among numerous job responsibilities at the YMCA, I spent a great deal of time teaching and training group fitness instructors and community members as well as conducting personal training and small group training sessions."

She designed, as well as implemented, several behavior change programs dealing primarily with physical fitness and nutritional education regarding behavior change.

Artz has obtained several group fitness and wellness certifications such as ACE Personal Trainer, Latin dance and fitness, Livestrong Instructor, Group Fitness Certification, group cycling instructor, PiYo (pilates yoga fusion class) instructor, and yoga instructor.

"In my free time I enjoy being active. I love running, Pilates and dance," Artz said. "I also enjoy spending time with my niece and nephews, volunteering at my church, and traveling."

She traveled with the Wisconsin Rapids Rotary Club to Nigeria in 2007 to help implement wellness programs at various places, as well as help with their clean water projects.

"It was an amazing learning opportunity for me and a great experience as I made many lifelong friendships during

this trip," she said.

As Ho-Chunk Nation exercise physiologist, she hopes that she can assist many people in improving their lifestyles.

"I look forward to getting to know everyone better in order to understand what I can do to help people find ways to achieve and maintain optimal health and wellness," she

said. "I can't wait to begin the journey to health and wellness with them."

## Preserving Traditions Fostering Connections

[firstnationsfostering.org](http://firstnationsfostering.org)

If you are member of a federally recognized tribe and would like to learn more about foster care or become a licensed foster home for American Indian children in Milwaukee County please contact one or both of the partner agencies listed below:

**Children's Hospital of Wisconsin Community Services**  
[www.chw.org/communityservices](http://www.chw.org/communityservices)  
Phone: (414) KID-HERO  
Email: [kidhero@chw.org](mailto:kidhero@chw.org)

**SaintA**  
[www.growhope.net](http://www.growhope.net)  
Phone: (855) GROW-HOPE

**First Nations Foster Family Network**



# Native American Heritage month event held at Ceexhaci Community Center

Kathleen Roberts  
Staff Writer

November is designated as Native American Heritage Month, so Ho-Chunk tribal member Dawn Thoms, Wisconsin Rapids School District-Native American Program Liaison and Jessica McMillan, Ho-Chunk Nation’s School and Community Relations Specialist, organized a dinner and culture event held at the Ceexhaci Community Center on November 15.

“I introduced myself and stated the purpose of the event, to bring cultural awareness to the community and to inform community members of the Title VII program and to tell them how I can be reached,” said Thoms.

“After the pot luck dinner we had hands-on activities to

teach Native American culture.”

The presenters who led the activities were Woodrow White, Culture and Community Education Program Manager; Kim Crowley, Ho-Chunk tribal member and master basket maker and Lisa Pasavento, Ho-Chunk Culture Teacher-Niikuusra Community School.

Woodrow White, who manages several organic gardens for the Ho-Chunk Nation, discussed organic farming and the importance of growing produce free from chemicals and pesticides. He encouraged the community members to make healthier food choices to lessen their chances of obesity, heart disease and diabetes.

“Woody was available



Lisa Pasavento presents Ho-Chunk language bingo to the community members at Ceexhaci.



Kim and Sarah Crowley demonstrate basket making at the Native American Heritage Culture dinner held at the Ceexhaci Community Center on November 15.

throughout the event with fresh fruits and vegetables to make healthy smoothie drinks for everyone,” said Thoms.

Kim Crowley along with her apprentices, Sarah Crowley and Tina Awonohapy, displayed baskets and demonstrated basket making.

“She is one of only 12 Ho-Chunk tribal members that still make black ash baskets,” said Thoms. She is a third generation basket maker who is teaching her daughters this Ho-Chunk tradition.”

Lisa Pasavento talked about

the culture and language curriculum she teaches at the Niikuusra Community School in Nekoosa. She presented a Ho-Chunk language bingo game and a language card game for the event participants.

Thoms and McMillan handed out packets describing the Johnson O’Malley (JOM) and Title VII programs and encouraged community members to participate in the programs’ parent committees.

Angie Higdon, Title VII Chairperson and JOM Secretary, explained that both pro-

grams are available to serve all Native American students who attend schools in Wisconsin Rapids, Nekoosa, Port Edwards, and Pittsville.

“The programs are available to assist families with school supply costs and anything to benefit their education. This event was held to inform the community of resources available to them and to celebrate Native American heritage and culture,” said McMillan.

## Basket maker places emphasis on sharing skills of the past

Ken Luchterhand  
Staff Writer

Lila Greengrass Blackdeer has a talent she hopes won’t be lost.

She’s a black ash basket maker and she’s been teaching many Tribal Office Building employees the skills of the craft.

For about three weeks, she has been meeting with Donna Littlegeorge, Sandy Winneshiek, Natalie Bird and Tina Warner. And while they’re making their baskets, Lila has been teaching them the Ho-Chunk language, especially the terms for the materials and the directions for creating them.

“I’ve been making baskets since I was 5,” Lila said. “I would take the scraps that other people left behind and make small baskets.”

When she was young, her parents had a basket stand on Highway 12 between Millston and Black River Falls.

So, with her knowledge of basket making and the Ho-Chunk language, the four women asked if Lila would teach how to make baskets. Lila provided the materials and the know-how.

“They did real well,” Lila

said. “Now, they would be able to make baskets on their own and make their own designs.”

Lila said that she has been teaching craft making for years.

“I teach them from the tips of their toes to the tips of their heads,” she said. She teaches how to make earrings, also called diagonal weaving, hair streamers, hair wrap, moccasins, and roaches. She also tans hides.

“I made the whole outfit for the Marquette Warriors mascot,” she said.

Her dress applique sashes are on display in the Milwaukee Museum and she has a basket display at the Smithsonian National Museum of Natural History in Washington, D.C.

In 1999, Lila received a national award from the National Endowment for the Arts. She was presented the 1999 National Heritage Fellowship Award, which is the country’s most prestigious honor for accomplishment in folk and traditional arts. She was recognized for her work in black ash baskets, moccasins, yarn sashes and hair wraps.

To help keep the knowledge



Putting their talents to good use, basket makers (from left) Donna Littlegeorge, Natalie Bird, Lila Greengrass Blackdeer, Sandy Winneshiek and Tina Warner display their crafts that were made with the help and direction of Lila.

of craft making alive, she has passed some of that ability to the four women at the TOB.

“It was both fun and frustrating,” Winneshiek said. “You have to keep the black ash strips wet and tight. Lila was very patient with us.”

“We learned patience and listening skills,” Littlegeorge said. “Hardly anyone makes baskets anymore.”

Lila said that she will be showing people the whole process, starting with a log. Black ash wood can’t be

transported because of the emerald ash borer infestation occurring across the country, so the training will have to occur near where the tree has been harvested.



SUMMONS  
(First Publication)  
IN THE HO-CHUNK NATION TRIAL COURT  
Daniel E. Funmaker, Plaintiff(s), v. Eloise Funmaker, Ethel Funmaker, Kyle Funmaker, Sybil Grey Owl, Eliza Mary Green, JoAnn Funmaker-Jones, Joyce Funmaker-Warner, Bonnie Funmaker-Hanson, James A. Funmaker, Brent Funmaker, and Myron Funmaker, Defendant(s).  
Case : CV 14-12  
TO THE ABOVE-NAMED DEFENDANT(S): Brent Funmaker  
You are hereby informed that you have been named a defendant in the above-entitled civil lawsuit. This legal notice of the *Complaint* is now served upon you by publication. Your written *Answer* to the *Complaint* must be filed with the Court on or before the twentieth day from the date of the published issuance of this *Summons* in . *See Ho-Chunk Nation Rules of Civil Procedure*, Rules 5(C)(1)(f), 6(A). Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record and provide the Court with a *Certificate of Service*. Failure to file a timely *Answer* in the time allowed *can result in a default judgment being entered against you*. *Id.*, Rule 54.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS  
(Second Publication)  
IN THE HO-CHUNK TRIAL COURT  
State of Wisconsin ex rel., Ho-Chunk Nation Child Support Agency and Kristen S. Vian, Petitioners, v. Jeron L. Wilson, Respondent.  
Case No. CS 14-18  
TO THE ABOVE-NAMED RESPONDENT: Jeron L. Wilson  
You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register and Enforce a Foreign Judgment or Order for Child Support* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. *See* RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing parties listed above or to their attorneys of record. Failure to file a timely *Answer* in the time allowed *can affect you right to object to the enforcement of the foreign judgment or order for child support*. *Id.*, §2.6c.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County), Wisconsin. The Trial Court’s mailing address is P.O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS  
(First Publication)  
IN THE HO-CHUNK NATION TRIAL COURT  
Daniel E. Funmaker, Plaintiff(s), v. Eloise Funmaker, Ethel Funmaker, Kyle Funmaker, Sybil Grey Owl, Eliza Mary Green, JoAnn Funmaker-Jones, Joyce Funmaker-Warner, Bonnie Funmaker-Hanson, James A. Funmaker, Brent Funmaker, and Myron Funmaker, Defendant(s).  
Case : CV 14-12  
TO THE ABOVE-NAMED DEFENDANT(S): JoAnn Funmaker-Jones  
You are hereby informed that you have been named a defendant in the above-entitled civil lawsuit. This legal notice of the *Complaint* is now served upon you by publication. Your written *Answer* to the *Complaint* must be filed with the Court on or before the twentieth day from the date of the published issuance of this *Summons* in . *See Ho-Chunk Nation Rules of Civil Procedure*, Rules 5(C)(1)(f), 6(A). Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record and provide the Court with a *Certificate of Service*. Failure to file a timely *Answer* in the time allowed *can result in a default judgment being entered against you*. *Id.*, Rule 54.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS  
(Second Publication)  
IN THE HO-CHUNK TRIAL COURT  
State of Wisconsin ex rel., Ho-Chunk Nation Child Support Agency and Lakita Scott, Petitioners, v. Jon E. Leidy, Respondent.  
Case No. CS 14-57  
TO THE ABOVE-NAMED RESPONDENT: Jon E. Leidy  
You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register and Enforce a Foreign Judgment or Order for Child Support* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. *See* RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing parties listed above or to their attorneys of record. Failure to file a timely *Answer* in the time allowed *can affect you right to object to the enforcement of the foreign judgment or order for child support*. *Id.*, §2.6c.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County), Wisconsin. The Trial Court’s mailing address is P.O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS  
(First Publication)  
IN THE HO-CHUNK NATION TRIAL COURT  
In the Interest of Minor : A.F., DOB 06/18/2011  
J.F., DOB 11/15/2007  
R.F., DOB 06/25/2006  
Case : JV 12-13  
JV 12-14  
JV 12-15  
TO THE PARENT, GUARDIAN, LEGAL OR PHYSICAL CUSTODIAN AND/OR TRADITIONAL RELATIVE(S): Meagan Martinez  
You are hereby informed that you have been deemed an interested party in the above-entitled guardianship case. This legal notice of the filed *Petition for* is now served upon you by publication. A proceeding concerning the above-named is pending in the Court, and an adjudication will be made. The Court shall convene an *Guardianship Hearing* in accordance with HOCĄK NATION THIRD PARTY GUARDIANSHIP ACT, Para. 11.13a. Any parent(s), guardian(s) and/or person(s) having legal or physical custody of the must appear along with the at the *Hearing* described below.  
The Court shall commence a proceeding at **1:00** on the **15th** day of **December 2014** for the following purpose: ***Guardianship Hearing***. Parties may seek to appear by telephone by submitting a written request and accompanying *Certificate of Service* to the presiding judge. *See Ho-Chunk Nation Rules of Civil Procedure*, Rule 5(B). Pursuant to HOCĄK NATION THIRD PARTY GUARDIANSHIP ACT, Para. 11.13c, the parties have a right to counsel at their own expense; a right to confront and cross-examine those appearing against them; a right to present and subpoena witnesses; a right to substitution of judge; and a right to a jury trial.  
**NOTICE – VIOLATION OF THIS ORDER IS SUBJECT TO PROCEEDINGS FOR CONTEMPT OF COURT. SUBPOENAS:** ‘THE FAILURE TO COMPLY WITH A SUBPOENA SHALL SUBJECT THE PERSON FAILING TO COMPLY TO THE CONTEMPT POWER OF THE COURT.’ THE COURT MAY FIND ANY PARTY TO THIS MATTER IN CONTEMPT OF COURT FOR FAILURE TO APPEAR AT A COURT HEARING OR FOR FAILURE TO FOLLOW COURT ORDERS.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS  
(Second Publication)  
IN THE HO-CHUNK TRIAL COURT  
State of Wisconsin ex rel., Ho-Chunk Nation Child Support Agency and Dakota A. Toman, Petitioners, v. Casey G. Thundercloud, Respondent.  
Case No. CS 14-53  
TO THE ABOVE-NAMED RESPONDENT: Casey G. Thundercloud  
You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register and Enforce a Foreign Judgment or Order for Child Support* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. *See* RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing parties listed above or to their attorneys of record. Failure to file a timely *Answer* in the time allowed *can affect you right to object to the enforcement of the foreign judgment or order for child support*. *Id.*, §2.6c.  
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County), Wisconsin. The Trial Court’s mailing address is P.O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.



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# Ho-Chunk Gaming Wisconsin becomes a co-presenting sponsor of the Minnesota Swarm

*The three-year partnership will include field naming rights and a weeklong youth lacrosse camp*

Submitted by Alec Schimke, Minnesota Swarm Lacrosse

The National Lacrosse League’s (NLL) Minnesota Swarm today announced a threeyear partnership with Ho-Chunk Gaming Wisconsin that will make the Wisconsin-based casino chain a co-presenting sponsor of the team.

In the partnership, Ho-Chunk Gaming Wisconsin will receive exclusive field naming rights during Swarm home games; the Swarm’s home playing field will now be referred to as Ho-Chunk Nation Field at Xcel Energy Center. The Ho-Chunk Gaming Wisconsin logo will also be placed on the Swarm’s home and away jerseys.

In addition, Ho-Chunk Gaming will be the presenting sponsor of the Swarm’s annual Native American Heritage Night on Feb. 6 when the team faces the Rochester Knighthawks. The partnership

also includes a commitment from both parties to host an annual weeklong lacrosse camp for Ho-Chunk Nation youth in the summertime.

“We are really feeling the energy of this sport with this partnership,” Ho-Chunk Nation President Jon Greendeer said.

“This game not only has its roots in our culture and heritage, it is vastly reclaiming its place as the activity of choice in Native communities today. I’m excited to see our relationship with the Minnesota Swarm take its first official steps together and grow with the popularity of this profound, energetic sport.”

“We are excited to officially welcome Ho-Chunk Gaming Wisconsin to the Swarm family,” Swarm Co-Owner and President Andy Arlotta said. “This is the first time an out-of-state tribe has partnered with the Swarm on this level, and we are excited to intro-

duce our fans to all the great things Ho-Chunk Gaming and the people of Ho-Chunk Nation have to offer. We’re also looking forward to working with the youth of Ho-Chunk Nation every year during a weeklong lacrosse camp to help grow the Creator’s Game.”

About Minnesota Swarm

The Minnesota Swarm competes in the National Lacrosse League (NLL) and plays an 18-game regular season schedule (nine home and nine away) that begins in January and runs through May, followed by the Champion’s Cup Playoffs.

Minnesota enters its 11th season in the NLL in 2015 and plays its home games at Xcel Energy Center. From 2005-14, the Swarm has averaged over 9,500 fans per game, and has appeared in the postseason seven times.

About Ho-Chunk Gaming Wisconsin Today, the



Ho-Chunk Nation owns and operates five casinos and a class II facility in Wisconsin with a total of 344,000 square feet of gaming space offering 5,318 class II and class III slot machines and 85 table games.

These facilities are located in Black River Falls, Madison, Nekoosa, Tomah, Wisconsin Dells, and Wittenberg and offer hotels and dining options to fit your individual needs. Visit their website at [www.ho-chunggaming.com](http://www.ho-chunggaming.com)

## Journey of Hope

*Continued from Page 5*

loss and 99% were satisfied with the program; while 17% were not satisfied completely,” said Fredrick.

He reminded the audience to sign up and he announced the program is open to all employees and all Native community members 5 years old and up.

Following Fredrick’s presentation, the key speaker, Dr. Kirk Lane offered more motivational information and told his personal story to improve his own family’s health.

Dr. Lane said he and his family hold family board meetings. During the meetings they discuss and plan activities that all the family members would enjoy.

“It is like a successful family day that is held as a weekly activity,” he said.

“We enjoy doing things together and our family supports each other. This way the activities don’t feel like work or planned exercise, it is just fun.”

He also offered a creative way to shorten the length of time family members watch television or use other electronic media.

He began a system using TV Money. With this unique system, each family member receives \$14 of TV Money. One TV dollar is worth 30

minutes of television watching. When a family member wants to watch television, they pay for the privilege with their TV Money.

“The incentive system proved to work, it cut down much of the television watching time significantly. My family started budgeting their TV dollars,” said Dr. Lane.

After the 10:30 AM break, the next session, a Panel Discussion, featured Henning Garvin, Becky Shawley and Fawn Smith. Each panel member gave a unique, personal account of their battle, success and continuous journey with diabetes.

Garvin’s contribution to the panel was how he had a love, hate relationship with fitness. “It was mostly hate,” he said.

“I started smoking when I was 18 years old, I weighed 250 pounds and I was not physically active,” said Garvin.

“I recall going to the top of the steps in my house and I couldn’t catch my breath.”

He had to do something or he wouldn’t be around much longer.

Garvin said his parents, as role models, shaped his environment; that is what influenced his not so healthy lifestyle. “Your kids do what they see, that is why I en-

courage my family to make healthy choices. They reach for a fresh carrot or celery now, instead of chips and a soda,” he said.

“Educate yourself and talk to others. My family is on the right track by keeping active and choosing healthier foods and by supporting each other.”

With a different story and experience, Shawley told of her bout with gestational diabetes. She was amazed when she was diagnosed with diabetes. She never thought about weight gain until her pregnancy and was overwhelmed when she had to use insulin right away.

“I had to slow down to take care of myself. The most difficult part was to make it to appointments,” she said.

“The four month experience taught me what it was like to be a diabetic. The experience helped me know I had to teach healthy choices to my children.”

Smith shared a story of her recovery after she had a stroke as a young adult. With the support of family and friends, and with her strong character and hard work, she recovered. She had to relearn how to walk but she was fortunate and could tell this success story. She said it was an

awakening to know what can actually happen if a person is not keeping active and aware of their health.

Lunch was served and followed by a variety of breakout sessions, Mindful Eating, Natural Pain Management, Natural Medicines, Behavior Change, Diabetes Bingo, Aromatherapy, The Most Shocking Facts and Healthy Smoothies.

Conference participants had the opportunity to have a massage, offered by Tom Redbird, III and Lorie Hindman. Foot care was also available during the event.

Display tables were set up during the conference to offer services and information. The HC Nutrition, Community Health Nurse, HIV testing; Food Distribution, Well Women’s Program, Blood pressure and Blood Sugar level testing, Let’s Move Campaign, Youth Wellness Team, Maternal and Child Health

Concluding the first day of the conference, participants completed evaluations on the presentations and received a prize drawing ticket for each one they turned in.

Activities resumed following dinner. From 7-8:30 PM Family Fun Night participants had the opportunity to play the Moccasin Game and Kasu.

Wii fitness, Pinaga and Chair Aerobics were also available.

The Journey of Hope half-day schedule on Friday started with morning physical exercises, followed by registration and a healthy breakfast.

Dr. Amy DeLong offered a presentation titled: “The Amazing Power of the Family.” She discussed the importance of family support and how the family sets the environment for healthy eating and physical activity. During her session participants were encouraged to share their stories.

DeLong’s presentation was a good review and summary of the other speaker’s presentations and offered additional ideas on how to take action for the prevention of diabetes.

Wrapping up the conference, door prizes were awarded and closing remarks were given. Charging Bull offered the closing songs.

A pound of frozen buffalo meat was distributed to all conference participants, along with a box lunch to go.

HCN Health and Wellness Coordinator, Karena Thundercloud, said there were 180 attendees and with all the positive feedback, another conference is planned for next year.



# Holiday Concert Friends Sharing Food

Submitted by Tris Harris, Senior Manager-Public Relations, Ho-Chunk Gaming ~ Black River Falls

On December 7th, 2014, Ho-Chunk Gaming Black River Falls will have 2 Holiday Tribute Concerts featuring tributes to Elvis (Garry Wesley), Elton John (Brian Harris), Patsy Cline (Elaine Wesley) and Nat King Cole (Robin Adkins). In honor of the holiday season, we are keeping prices low so tickets are only \$10 with shows at 5pm and 7:30pm. \$5 of every ticket sold will go to Friends Sharing Food and each ticket holder will also receive \$5 back in Rewards Play.

Friends Sharing Food started out about 7 years ago when there was found to be a need to send food home with school children on Friday to ensure they had meals at home on the weekend. It gradually took over a few food pantries in Jackson County and now services Black River Falls, Melrose, Alma Center, Hixton and Taylor by providing food to low income families at pantries in those towns once a month and still with the school children.

They have a board of about 15 members from the area that volunteer their time to gather food. In the past, Ho-

Chunk Gaming Black River Falls has had food collections for this organization, but we found out that they are able to purchase a lot more food through a few companies with fund donations, so this year it was decided to hold a concert to raise money for a big donation to help more families during the Holiday season.

You can purchase your ticket by calling 1-800-657-4621 ext #4060 or stop in at our Valet booth and know that a portion of your ticket is going to help with support that individuals and family that need a little extra help. For more information about Friends Sharing Food, you can call their President, Daniel Diehn at 715-284-0882.

Ho-Chunk Gaming – Black River Falls is owned and operated by Ho-Chunk Nation Enterprises, with headquarters in Black River Falls, Wis. Ho-Chunk Nation Enterprises also owns and operates Ho-Chunk Gaming – Madison, Nekoosa, Tomah, Wisconsin Dells and Wittenberg. For more information, call Ho-Chunk Gaming – Black River Falls at 800/657-4621 or go online [www.ho-chunggaming.com](http://www.ho-chunggaming.com).

BENEFIT CONCERT



HOLIDAY CONCERT

  
GARRY WESLEY  
AS  
ELVIS PRESLEY

  
BRIAN HARRIS  
AS  
ELTON JOHN

  
ROBIN ADKINS  
AS  
NAT KING COLE

  
ELAINE WESLEY  
AS  
PATSY CLINE

GET YOUR TICKETS TODAY

TICKETS \$10 | DECEMBER 7TH | 5PM & 7:30PM  
CALL 800-657-4621 EXT. 4060

\$5 FOR EVERY TICKET SOLD WILL GO TO BENEFIT THE FRIENDS SHARING FOOD PROGRAM.  
ALL TICKET HOLDERS GET \$5 REWARDS PLAY.



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BLACK RIVER FALLS | MADISON | NEKOOSA | TOMAH | WISCONSIN DELLS | WITTENBERG

# Ho-Chunk Gaming Wittenberg Food Drive

Submitted by Tracy Pecore, Director of Marketing, Ho-Chunk Gaming ~ Wittenberg

Ho-Chunk Gaming Wittenberg recently held a food drive promotion for casino guests from October 13-November 15, 2014. Over two pallets of non-perishable food donations were collected for local food pantries for the upcoming holiday season.

The Birnamwood Area Community Cupboard and the Wittenberg Food Pantry each received a donation on November 19, 2014.



(L-R) Stefanie Rice-Ho-Chunk Gaming Wittenberg, Joann Olson and Ruth Perry-Birnamwood Area Community Cupboard.



(L-R) Travis Sadenwasser- Ho-Chunk Gaming Wittenberg, Jennifer Onesti-Wittenberg Food Pantry, Jacob Vargas-Ho-Chunk Gaming Wittenberg, Tammy Meverden-Wittenberg Food Pantry.

# Ho-Chunk Gaming Wittenberg Veteran's Day

Submitted by Tracy Pecore, Director of Marketing, Ho-Chunk Gaming ~ Wittenberg

Despite the inclement weather, Ho-Chunk Gaming Wittenberg had a great turnout for the Veteran's Day Flag Raising ceremony held Tuesday, November 11 at 11:00am.

Ho-Chunk Nation President Jon Greendeer made his presence to honor our veterans. Greendeer praised all who have served and expressed the Ho-Chunk Nation's respect and honor for all veterans. Greendeer said, "On November 11, 2014, our country took pause to acknowledge the service of ALL men and women who pledged their lives for the protection of United States citizens. Far and wide, Native Americans answered this call in numbers and enlisted in the service in great proportions despite being a small population. From medical, administration, combat, and support, EVERY soldier is deserving of the honor and respect they have given each of us through their actions."

Local Vietnam Veteran, Anthony Gauthier, served as Master of ceremonies. The Birnamwood Darling-Gunderson Post 341 Color guard presented the 21 gun salute and playing of taps. A special Thank You to our Ho-Chunk Veteran's Sid White-wing, Lucy Vargas, and Corwin Roth who help raise the flags and assisted by Ho-Chunk Gaming Wittenberg Security Officers who have also served in the military. Lake Delton Singers were also present and sang the Ho-Chunk Nation Flag Song and four Service Songs (Army, Navy, Air Force, Marine Corp); to bring traditional culture to this Veteran's Day Ceremony.

In closing, Greendeer said, "This Veteran's Day, we gathered in the little town of Wittenberg, WI to pay tribute to these men and women,

young and old, to show them that this is the day that we all pay our respects to America's veterans TOGETHER and that every day, you can count

on the tradition of the Ho-Chunk people to demonstrate an unconditional reverence to anyone who has served. To our valued men and woman of

the Armed Forces, Pi hinagigiwi (Thank you) and Happy Veteran's Day from the Ho-Chunk Nation."







**GARRY WESLEY**  
AS  
**ELVIS PRESLEY**



**BRIAN HARRIS**  
AS  
**ELTON JOHN**



**ROBIN ADKINS**  
AS  
**NAT KING COLE**



**ELAINE WESLEY**  
AS  
**PATSY CLINE**

# GET YOUR TICKETS TODAY

**TICKETS \$10 | DECEMBER 7TH | 5PM & 7:30PM**  
**CALL 800-657-4621 EXT. 4060**

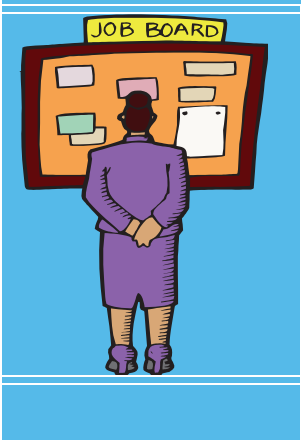
**\$5 FOR EVERY TICKET SOLD WILL GO TO BENEFIT THE FRIENDS SHARING FOOD PROGRAM.**  
**ALL TICKET HOLDERS GET \$5 REWARDS PLAY.**



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MUST BE 21 YEARS OR OLDER TO ATTEND EVENTS.  
HO-CHUNK GAMING RESERVES THE RIGHT TO CANCEL OR ALTER PROMOTIONS/EVENTS AT ANY TIME.





# January 2015

## TERO Outreach Calendar

| Sun. | Mon.                                               | Tue. | Wed.                                               | Thu. | Fri. | Sat. |
|------|----------------------------------------------------|------|----------------------------------------------------|------|------|------|
|      |                                                    |      |                                                    | 1    | 2    | 3    |
| 4    | 5                                                  | 6    | 7                                                  | 8    | 9    | 10   |
| 11   | 12<br>Madison<br>Branch Office<br>11:00 am-1:00 pm | 13   | 14<br>House of Wellness<br>10:00am-12:00pm         | 15   | 16   | 17   |
| 18   | 19<br>Green Bay<br>Branch Office<br>11:00am-1:00pm | 20   | 21<br>Lacrosse<br>Branch Office<br>10:00am-12:00pm | 22   | 23   | 24   |
| 25   | 26<br>HCG-Nekoosa<br>10:00am-12:00pm               | 27   | 28<br>HCG-Wittenberg<br>11:00am-1:00pm             | 29   | 30   | 31   |

For more information you can call TERO Case Managers 715-284-9343 or 1-800-294-9343

William Collins X- 1146Julie Rodriguez X-1145

# Homebuyer Education

Have you ever thought about buying a home?



Does the idea of a mortgage scare you?

**Date** Saturday, December 6, 2014

**Time** 8:30 a.m. - 4:30 p.m..

**Location** Indian Mission Coumnity Bldg.,  
Indian Mission, Black River Falls, WI

**Join Us!**

Homebuyer Education can help reduce the stress & confusion of buying a home. It is a great place to start if you're considering buying a home & are not quite ready. Come & Learn about Down Payment Assistance Programs. Snacks, Lunch will be provided! Hurry and call for a reservation!

**Contact Name**  
Winona Mann  
(608) 374-1245



# Text Alert

Get the latest on:

Per-Cap  
Work delays/closings  
Tribal Elections  
Public Safety Threats  
Special Events

Text "Hochunk" to  
7606703130





# Meet Angela.

You may know her as Jim Carrimon’s Wiiha, and the granddaughter of Lorraine (Snowball) and Laverne Carrimon.

Over the last 14 years Angela has served the Ho-Chunk Nation in many capacities. She started her first position in 2000 as an Elder Care Worker, and after obtaining her CNA license moved on to be a Supportive Care Worker in the La Crosse area until 2012. At this time, Angela graduated from UW-La Crosse with a B.S. in Sociology and a Psychology minor. For the better part of the last two years, Angela served as the Intake Specialist for the Division of Behavioral Health in Black River Falls, and was most recently hired on as a Substance Abuse Counselor In Training for the La Crosse area.

Angela has always enjoyed caring for and working with community members in the La Crosse area, especially elders. Angela was integral to the care that her Gaaga (Lorraine) and her Jaaji (Jim) received throughout their illnesses.

Please help us to offset some of the costs associated with her treatment, and help her as she has helped so many.

Angela was recently diagnosed with Stage IV Undifferentiated Uterine Sarcoma. She is on Family Medical Leave while she undergoes chemotherapy. After a few more chemo treatments, she will undergo surgery at Mayo Clinic in Rochester.

FRIDAY, DECEMBER 12<sup>TH</sup> | 8AM-3PM | TRIBAL OFFICE BUILDING-BRF

BAKE SALE | RAFFLE | SILENT AUCTION

For more information, or to donate baked goods or items for the raffle & auction – Please call Valerie Carrimon at (608)799-4797.



# Koenig and the Badgers buck the Boise State Broncos

Marlon WhiteEagle  
Editor

Bronson Koenig and the No. 3 ranked Wisconsin Badgers put their 2014-2015 season perfect record on the line against the unbeaten Boise State Broncos at the Kohl Center in a late game on Saturday November 22 that was televised by the Big Ten Network.

Coming into the game, the Badgers have been outscoring their opponents by 30+ points. There are four Badgers averaging 10 points or more.

The Broncos start the scoring with a layup and jump shot from Derrick Marks, and another layout from Anthony Drmic. Drmic averages 20 points per game for Boise State. Josh Gasser hit a 3 pointer, while Frank Kaminsky sank a pair 3 pointers to give the Badgers a 9-6 lead after 5 minutes of play.

Bronson Koenig and Dujie Dukan checked into the game after a Frank Kaminsky block before a TV timeout with 14:07 left to play in the first half. Koenig got called for a foul early, as does Dukan.

Bronson hit a jump shot, followed by a Nigel Hayes 3 pointer, to make it a 16-10 game. A Sam Dekker layup and a pair of Kaminsky jumpers gave the Badgers a 22-11 lead.

Koenig subbed out and back in with 8 minutes left in the half. He picked up his second foul.

Another Kaminsky 3 pointer, a Dukan layup, and Kaminsky tip-in increased the Badger lead to 29-18.

Hayes got fouled and went to the free throw line to add a couple more points for the Badgers. Frank Kaminsky followed up with another jump shot, Dukan hit a 3 pointer, and Traevon Jackson added two more to give the Badgers a 38-24 lead at the half.

Nigel Hayes got things started for the Badgers when he hit a jump shot. Dekker drove in to make a layup, followed by a Hayes dunk.

Koenig checked back into the game just 3 minutes into the second half of play. Koenig hit a 3 pointer to increase the lead to 49-33 with 14 minutes left in the game.

Traevon Jackson added 5 points with a 3 pointer and a jump shot, to make it a 54-35 game.

Another pair of Kaminsky jump shots, a Gasser steal and

Jackson layup put the Badgers up by 22 points.

Nigel Hayes knocked down a jump shots, Koenig added a jump shot. Bronson followed that up with a no look pass on a fast break to Kaminsky for a dunk. The score is now Badgers 66, Broncos 43.

Bronson checked out and back into the game with just over 4 minutes left in the game. He gets his second assist in the game with a pass to Kaminsky, who sank another 3 pointer. Hayes got fouled and added a couple more points from the free throw line to make the score 71-47.

Subs enter the game with just under 3 minutes remaining in the game. Vitto Brown added 2 points, and Riley Dearing hit a 3 pointer from NBA range. Dearing added the final 2 points. The Badgers win 78-54.

Frank Kaminsky finished with a season high 26 points. Nigel Hayes finished with 15 points, and Traevon Jackson with 11 points. Bronson Koenig finished with a season high 7 points.

The Badger defense held Anthony Drmic to only 7 points. Derrick Marks was the high scorer for the Broncos with 16 points, while Mikey Thompson finished with 10 points.

The Badgers improve to 4-0 and gained the No. 2 rank in the Associated Press (AP) polls.

Wisconsin travels to the Bahamas for the preseason tournament, the Battle 4 Atlantis, which features Florida, UNC, Butler, Oklahoma, UCLA, UAB, Georgetown, and Wisconsin. The Badgers will face University of Alabama-Birmingham on Wednesday November 26. Then they will square off against either Florida or Georgetown on Thursday night. Then Friday night's opponent is TBA and will be for the championship.

Another big game coming up for the Badgers is a home game against No. 4 Duke Blue Devils on Wednesday December 3.

With 4 games into the season, Bronson Koenig is averaging 20 minutes per game. That's five more minutes from last year. Koenig is averaging 3 points per game, and 1.6 rebounds per game.

Good Luck to Bronson and the Wisconsin Badgers for the remainder of the season.



Bronson hits a jumper against the Broncos.



Bronson Koenig (24) and the Wisconsin Badgers defend against the Broncos.



Bronson hits a 3 pointer and finishes with a season high 7 points.



Duje Dukan and Bronson Koenig prepare to check into the game against Boise State.